

Champion the Healthy Futures Challenge at your School!

This is your quick guide. For more details about everything from the specifics of how to use your database to resources for getting the students at your school active, visit www.healthyfuturesak.org/the-challenge/elementary-schools/

- We host two, **three-month Challenges** each school year. The Fall Challenge runs Sept. – Nov. The Spring Challenge runs Feb. – April. There is no cost thanks to our sponsors and all of YOUR help, but you must register your school online for EACH Challenge.
- Use the **online database** for registration and to track participation. Our user-friendly database can be found at <http://database.healthyfuturesak.org> and directions for using it can be found in the full guide at www.healthyfuturesak.org/the-challenge/elementary-schools/
- Please **update your school's enrollment number** whenever you register or as soon as it is available. We use this number to calculate awards, and we will not award end of Challenge prizes to your students, coordinator, or school if enrollment numbers aren't current.
- Please add matias@healthyfuturesak.org to your **address book and remove it from any spam filters** your district/school uses. Email is our main form of communication! We do our best not to send too many emails, so the ones we send contain essential must-read information.
- A **successful activity log** = at least 15 days of 60 minutes of activity logged. You may choose to have them complete the log however you want—as a class, at home with family, using pictures, writing in the details of their activity. Figure out what is most appropriate for you and your students. For more resources and ideas, visit our website.

THE PRIZES

We've changed the way we do prizes this year! Below are the details.

- **Each month** your students who complete a log will receive:
 1. A **colorful pen** for drawing. These are gel art pens, and each month will be a different color.
 2. A **raffle ticket**. The ticket color will correspond with the color of the pen. Students write their name on these and place in the grand prize box! (You'll receive a box to place somewhere in the school where all your students will see it regularly). At the end of the school year, you'll conduct a drawing for a grand prize. Students who complete more logs have a better chance of winning the grand prize!
- At the end of the year, you'll conduct a **grand prize drawing**. Draw a ticket from the box and the winner chooses from a menu of items: Healthy Futures Champion hoodie, disc golf set, cornhole set, Spikeball, and ladder ball.
- We've added a **coordinator grand prize** drawing this year! Winners will receive a smart phone or tablet. To be eligible your school must participate in the Healthy Futures Challenge all six months and have at least 20% of your students participating in both spring and fall.
- The three schools with the highest participation rates in each tier receive a banner in recognition of their achievement to hang in their school. To learn more about tiers and how participation rates are calculated, visit our website.
- Schools receive a longevity banner to hang in their school after every five challenges they participate in.

