100 Miles in May is the inspiration of R&M Consultants, Inc. In 2010, to support a connection in the military, an employee invited other R&M employees to log 100 miles in the month of May. In 2013, R&M decided to expand their concern with employee wellness to support a charitable cause. R&M challenged other firms within the A/E/C industry to join them in this challenge and raise money for Healthy Futures. In the first year, 11 organizations participated, logging more than 28,000 miles and raising nearly $6,000 for Healthy Futures and a great tradition was established!